



[Liberation Farms](#), the community farming program of the [Somali Bantu Community Association of Maine](#), grows and distributes fresh, local produce to help build strong and healthy communities. We are proud to offer high-quality, chemical-free vegetables, including specialty and rare varieties. This community-led program assists over 150 new American farmers by offering access to land, seeds, trainings, and technical assistance. Farming is an integral part of the Bantu's cultural heritage and each farmer has adapted generations of agricultural knowledge to Maine's unique landscape. Each purchase from Liberation Farms truly makes a difference in the lives of these hardworking new American farmers and their families.

### Liberation Farms Wholesale Price List:

*Prices and availability subject to change.*

Basil	\$1.75/bunch or \$6.00/lb	July-Oct
Beans, Green, Purple, Yellow	\$2.75/lb	July-Oct
Beets, Red/Chioggia	\$1.75/lb or \$2.00/bunch	June-Nov
Beets, Golden	\$2.00/lb or \$2.50/bunch	June-Nov
Broccoli	\$2.50/lb	June-Oct
Cabbage, Green	\$1.00/lb	Aug-Nov
Cabbage (purple, savoy & baby)	\$1.25/lb	July-Nov
Carrots	\$1.75/lb or \$2.00/bunch	June-Nov
Celery	\$2.50/each	Aug-Oct
Chard	\$1.85/bunch	June-No
Collards	\$1.85/bunch	June-Nov
Corn, African Flint Type	\$0.50/ear or \$1.25/lb	Sept-Nov
Cucumber	\$1.35/lb	July-Oct
Eggplant	\$2.50/lb	Aug-Sept
Fennel	\$2.00/lb or \$1.50 each	June-Nov
Kale, Curly	\$1.85/bunch	May-Dec
Leeks	\$2.00/lb full sized;\$2.00/bunch baby	Sept-Dec
Lettuce	\$1.85/head	June-Oct
Molokhia	\$3.75/bunch	July-Sept
Mustard Greens	\$2.00/bunch	June-Oct
Onions	\$1.40/lb or \$1.85/bunch	Sept-Dec
Peas	\$3.00/lb	June-July & Sept-Oct

Peppers, Hot	\$3.50/lb	Aug-Oct
Peppers, Sweet	\$3.00/lb	Aug-Oct
Peppers, Green Bells	\$3.00/lb	July-Sept
Potatoes	\$1.60/lb	Aug- Oct
Potatoes, New	\$2.50/lb	July
Radishes	\$1.75/bunch	June-Sept
Scallions	\$1.85/bunch	June-Oct
Spinach	\$6.00/lb	Sept-Dec
Tomatoes, Slicing	\$2.00/lb	July-Sept
Tom, Paste	\$2.00/lb	July-Oct
Tom, Heirloom	\$2.75/lb	July-Oct
Tomatoes, Cherry	\$3.50/pint	July-Sept
Zucchini & Summer Squash	\$1.40/lb	July-Sept

**For inquiries, or to place an order, please contact:**  
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